

Mark Tobak, M.D., P.C.

**The Rockledge Building
1600 Harrison Avenue, Suite 105-A
Mamaroneck Avenue, NY 10543
Phone: 914-698-3018**

Directions: (also please see map provided on next page)

**From the East
(Connecticut, Port Chester and Interstate 95)**

Take Cross Westchester Expressway (287) Westbound to exit 9N-S
Follow signs for the Hutchinson River Parkway South.
Take the Hutchinson River Parkway Southbound to Exit 25 (Rte.127 North Street, Harrison, White Plains).
Make a left onto North Street. You will be travelling Southeast.
Follow North Street 1 mile to Saint Vincent's Hospital. Bear right at light onto Harrison Avenue.
Take Harrison Avenue for 2 miles to the Rockledge Building (on the left).

**From the West
(Tappan Zee Bridge and Tarrytown)**

Take Cross Westchester Expressway (287) Eastbound to Exit 9 Hutchinson River Parkway.
Follow signs for the Hutchinson River Parkway South.
Take the Hutchinson River Parkway Southbound to Exit 25 (Rte.127 North Street, Harrison, White Plains).
Make a left onto North Street. You will be travelling Southeast.
Follow North Street 1 mile to Saint Vincent's Hospital. Bear right at light onto Harrison Avenue.
Take Harrison Avenue for 2 miles to the Rockledge Building (on the left).

**From the South
(New York State Thruway or Saw Mill Parkway to Cross County Parkway)**

Follow as road goes into Hutchinson River Parkway North.
Follow Hutchinson River Parkway to Exit 25 (Rte.127 North Street, Harrison, White Plains).
Bear right at Exit onto North Street
Follow North Street 1 mile to Saint Vincent's Hospital. Bear right at light onto Harrison Avenue.
Take Harrison Avenue for 2 miles to the Rockledge Building (on the left).

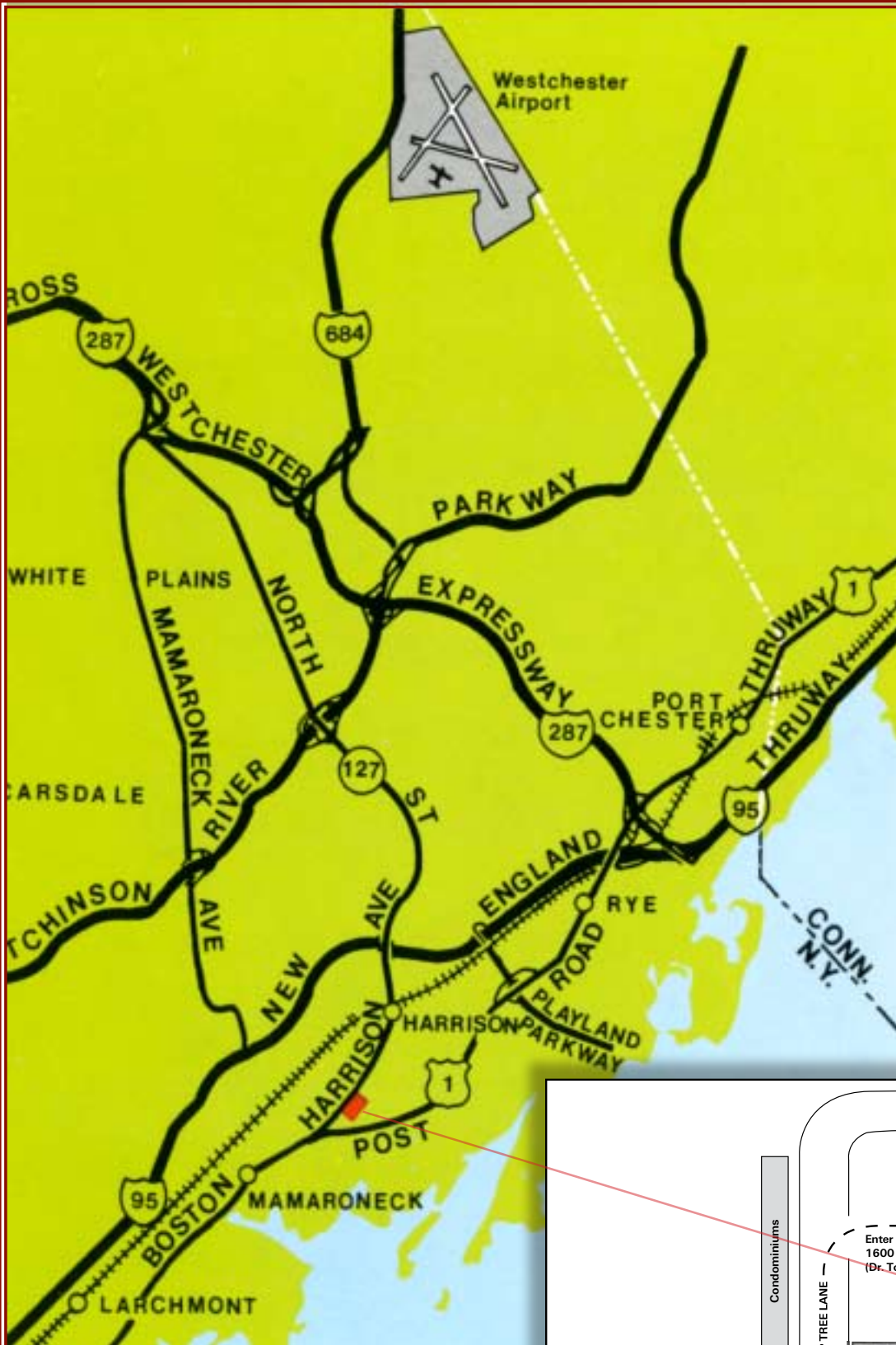
**From the North
(Taconic State Parkway, Saw Mill River Parkway,
or Sprain Brook Parkway to Cross Westchester Expressway (287) East)**

Follow exit 9 Hutchinson River Parkway.
Take the Hutchinson River Parkway Southbound to Exit 25 (Rte.127 North Street, Harrison, White Plains).
Make a left onto North Street. You will be travelling Southeast.
Follow North Street 1 mile to Saint Vincent's Hospital. Bear right at light onto Harrison Avenue.
Take Harrison Avenue for 2 miles to the Rockledge Building (on the left).

**From the North
(684, Merritt Parkway)**

Follow to Hutchinson River Parkway South to Exit 25 (Rte.127 North Street, Harrison, White Plains).
Make a left onto North Street. You will be travelling Southeast.
Follow North Street 1 mile to Saint Vincent's Hospital. Bear right at light onto Harrison Avenue.
Take Harrison Avenue for 2 miles to the Rockledge Building (on the left).

Parking is in the rear of the building.



Easily Accessible From:

- Hutchinson River Parkway
- New England Thruway
- Route 684
- Cross Westchester Expressway
- Boston Post Road

**Close-up detail to
1600 Harrison Avenue**

